

Middle School Guidance

September						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

September 2004

Getting Back In The 'Groove'

Volume 2, Issue 2

With the start of the 2004 - 2005 school year come new routines, schedules and priorities. The following ideas will help you and your family gear up for a successful school year:

(1) Make a plan for after-school activities. Schedule adequate time for homework, play, clubs, sports and practice.

(2) Scale back TV time.

(3) Establish a family reading time.

(4) Reestablish bed times for school nights.

(5) Keep a large calendar. Mark each family member's activities in a different colored pen.

(6) Start a change jar so you'll have spare lunch money on hand.

(7) Collect important phone

numbers. Update doctor, work and other listings for the school office, after-school program and a neighbor.

(8) Create a car pool. Compare schedules and determine which parents can drive kids when.

(9) Have a backup plan. Find another parent who will exchange school pickup favors—in case you get sick or delayed by work or traffic.

(10) Spruce up a study space for your child. Include pens, pencils, dictionary and other needed supplies.

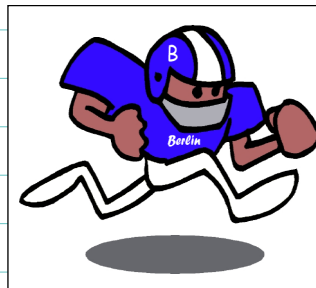
(11) Set up a file for school papers. Place all school notices in it so you don't misplace them.

(12) Get children in the

habit of getting ready for school the night before. Set out clothes, pack lunch, and put the backpack by the front door. (1999 Parent Institute)

Quote of the month

"Commitment turns a promise into reality with words that speak boldly of your intentions and actions that speak louder than words."



**Good Luck
Mountaineers!**

Points of Interest:

- ✓ - Absent from school, check out the teacher lesson plans at <http://www.bbsd.com/ms/plans.htm>
- ✓ - Excuses are due the day students return to school. A grace period of three days is allowed before becoming illegal.
- ✓ - Bullying information can be found at: <http://www.bbsd.com/bullying>

Contact Mr. Smith

Phone # 267 -6931

E-mail -
msmith@bbsd.com

Webpage - <http://www.bbsd.com/ms/faculty/marksmith>

Important Upcoming Events

The following are a listing of important dates to remember:

school year.

September 3, 2004 - Individual school pictures for students in kindergarten through twelfth grade.

September 20, 2004 - First six week grading period mid-term.

September 20 through 24,

2004 - Campaign week for Student Council Officers.

September 24, 2004 - Student Council Assembly.

September 27 through October 1 - Student Council Representative campaign week.

October 8, 2004 - Parent conferences with teacher.

October 11, 2004 - End of the first six week grading period.

