

1. It's that time of year again! National Nutrition Month- we will have "Egg-Tastic Friday's" on specific Friday's during the month of March with Egg McMuffin sandwich, or Scrambled Eggs with whole wheat toast, juice, fresh bananas and milk on the menu! Watch for the March menu!
2. Lent will start on Wednesday, March 05, 2025 and we will be having Lenten Lunches on the menus every Friday until Easter Break! We will bring back some of your Lenten favorites: Breaded Fish Nuggets or Fish Sticks, Cheese & Potato Pierogies w/Onions and Creamy Homemade Mac & Cheese, Shrimp plus old favorites Grilled Cheese Sandwiches, Pizza and Cheese Dippers w/Marinara Sauce. Enjoy!
3. March National Nutrition Breakfast contest details below:
 - Pk-Coloring Page Contest (March 3-6) Prize will be a Nutritious snack bag!
 - K-12- Eat a Nutritious Breakfast each day and enter your name into the contest box (March 11-14th) Each grade level will have their own box to enter names. One Vote per person per day! There will be a Winner for each School (EI, MS & HS) which is a \$25.00 Walmart Gift Card donated from the Greater Pittsburgh Food Bank. Prizes will be awarded at Lunch on March 14.
4. Taste Testing for New Products (March 17-21)
 - MS will taste test for new snacks on the Ala Carte Cooler (Cheesy Pizza Hummus, Ranch Hummus and Brownie Hummus) All New items are Non-GMO products.
 - HS will taste test a new Breakfast Product- Pancake & Sausage on a stick and low sugar maple syrup for next school year.

As we get closer to that week, I will let everyone know which day will be your taste tasting day!
5. Reminders & Updates:
 - PK-4 Grade only gets a choice of a PB&J Sandwich each day.
 - My School Bucks Website is increasing their cost of online deposits by using a credit card to \$3.25 per deposit. You can still bring cash or use a parents check by depositing it into the office deposit boxes for your lunch accounts.
 - We will be implementing a NEW POLICY that all students are to deposit cash into their lunch accounts each day and not give cash to the cashiers in the cafeteria during the tray line. This causes delays in getting students through the tray line plus delays for the cashiers to run to the office for change for 20's and 50's during the day. We are not a Bank!

Thank you,
Mrs. Cathy Berkebile-CDM/FSD